

The Physical Education program at St Kieran Catholic Primary aims inspire our students and families to live healthy active lives. We aim to provide students with the necessary skills to confidently participate in sport and recreational activities.

Students spend one 60-minute session per week with a specialised teacher. The program aims to establish a sound base in fundamental movement skills and physical fitness. It allows students to explore the rules and strategies of games, sports and the importance of teamwork and sportsmanship. Students are typically exposed to traditional and non-traditional sports to broaden their experiences.

The ultimate goal of the program is that students will feel empowered to continue this skill development at a community sporting club.

Students also spend an additional 60 minutes per week engaged in physical activity with their class teacher.

Students in Pre-Primary and Year 1 have a focus on skill development. Breaking down the skills into key teaching points (KTP's) and participating in partner, small group, and modified games to develop these.

In Years 2 and 3 as well as a focus on the KTP's the skills are introduced in modified and small sided games based on the major team sports. Students can then start implementing the skills in game situations.

Year 4 - 6 students focus is on taking the skills learnt in the younger years and applying them to a range of sports. Outcomes such as tactics and offensive and defensive strategies are also starting to be introduced in these year levels. The sports covered in recent years have included T-Ball, Softball, Baseball, Cricket, Tennis, Soccer, Football, Netball, Basketball and Volleyball.

Faction Sports events

There are several occasions throughout the year when students participate in faction sports competitions.

School based carnivals are competitive, but participation and enjoyment are the priority for the whole student population.

These include:

Swimming –	Years 4, 5 and 6
Cross Country –	Year 3, 4, 5 and 6
Athletics –	Whole School

Catholic Primary School Sport Association (CPSSA)

Our school is one of 16 schools who are part of the CPSSA.

The CPSSA members meet once a term to plan and review the inter school sporting events that occur throughout the year.

These include:

Swimming – Years 4, 5 and 6.

Winter Sports (soccer, football and netball) – Year 6.

Cross Country – Years 3, 4, 5 and 6.

Athletics – Years 3, 4, 5 and 6.

Summer Sports (cricket, frisbee and tennis) – Year 5.

Other sporting opportunities

Our school aims to provide several additional opportunities for our students to participate in sporting activities. These activities may be during school time as well as before and after school. Most of these activities involve no extra cost to families.

An example of some of these activities include:

- Before school basketball clinics.
- After school sports clubs delivered by school staff.
- In class and after school clinics delivered by outside coaches.
- Transition day for Year 6 students at Servite College which includes a basketball competition.
- Soccer, Netball and Football competition day for year 5 and 6 students.